

## PERSONAL READINESS CHECK

Rate your current personal level of performance readiness (0 – 100%).

### VOCAL

**Notes:** 100% accurate, in tune, instant accuracy, unit with section, could sing confidently in a quartet

**Words:** 100% accurate, able to sing with no assistance

**Vowels:** Open, resonant, immediately to target vowel, matching others in placement/resonance

**Diphthongs:** Energized, aware of all diphthongs, emphasis, turned together as a unit

**Consonants:** Singable consonants energized, hard consonants sung softly

**Tempo:** Maintained throughout song, can sing in tempo without direction

**Breath:** Good breath support, phrase endings lifting, quick breaths between phrases

Rate yourself 0-100%

Song	Notes	Words	Vowels	Diphthongs	Consonants	Tempo	Breath

### VISUAL

**Facial Expression:** Appropriate to lyrics, changing often, animated, bigger than life, fearless

**Body Language:** Body moving appropriate to song, tempo, emotions

**Choreography:** Memorized, free, in sync with everyone, anticipatory

**Hands:** Natural and meaningful movements and gestures

**Rhythm:** Constant rhythmic movement (even if slight)

Rate yourself 0-100%

Song	Face	Body	Choreo	Hands	Rhythm
Music of the Night					
Firefly					
Hot Time					
Hernando's Hideaway					

**Other Ideas for Self-Improvement:**

Do you sign up for a PVI at regional events? \_\_\_\_\_

Have you had a PVI or voice lesson? \_\_\_\_\_ When? \_\_\_\_\_

If so, are you working on what you learned? \_\_\_\_\_

Do you plan to have one again? \_\_\_\_\_

Do you need a recommendation for a voice teacher? \_\_\_\_\_

Comments: \_\_\_\_\_

Have you taped yourself at chorus? \_\_\_\_\_

If so, have you improved what you heard? \_\_\_\_\_

Have you rehearsed the songs in front of a mirror? \_\_\_\_\_

What good things did you notice? \_\_\_\_\_

What needs improvement: \_\_\_\_\_

How often do you rehearse your music at home? \_\_\_\_\_

Can you add one more time? \_\_\_\_\_

What else can you do to help the chorus's overall performance? Name 5:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**When will you do the things you listed?** \_\_\_\_\_

**Be accountable. Make a copy of this list for someone you know will be honest (and loving) and ask her to follow up with you in 3 weeks.**

**Continue this process until you are perfect!**