



REGION #24

COACHING RESOURCE GUIDE

Please refer to the Regon 24 website for updated email addresses for each faculty member. www.sairegion24.org

NAME of FACULTY
Beyrodt, Jerrie
Brizendine, Mindi
Brown, Charlie
Cahill, Sandy
Callaway, Karla
Chadwick, Kim
Conley, Cathy
Gadowski, Paula
Haller, Debbie
Heller, Ryan
Johnson, Candy
Kurth, Nancy
Liston, Mary
Myers, Lisa
Nelson, Marlys
Orem-Bedel, Liz
Pederson, Kris
Price, Shirley
Scheel, Kathy
Severns, Patty
Smith, Linda
Whedon, Yvonne

Jerrie Beyrodt
1380 Galena Drive
Twin Falls, ID 83301
Home: 208-733-6388
Email: Jerrie@magiclink.com

Director, Treasure Valley Showtime Chorus

I have been a Sweet Adeline since 1976. I was a charter member of the Snowbird (now Bridger Mountain Harmony) Chorus in Bozeman, MT. I became their director (12 years), receiving the Novice Director Award and have since moved to Idaho and directed the Mountain River Harmony (Idaho Falls) chorus. I now direct Treasure Valley Showtime Chorus in Boise, Idaho. I have attended all IES sessions and continue to enhance my barbershop education at regional schools and International conventions. I have had piano and dance training and have been a part of the regional music team since 1994.

My main focus is vocal production, energized singing, selling the musical product through consistent presentation of our musical product. I am comfortable working with small- to medium-size choruses and quartets.

I am retired so am available for weekends or rehearsal nights with advance notice.

Fee is negotiable. Suggested is \$25-\$50 for quartets (depending on length of session) and \$50-\$100 for choruses. Travel expenses when necessary. Will be happy to negotiate for any type of coaching session.

I love this craft and am anxious to share my enthusiasm.

Mindi Brizendine
20321 SW Vienna Ct.
Aloha, OR 97007
Home: 503-259-9424
Email: mtsalon@verizon.net

Pride of Portland Chorus
Gold Country Chorus (Hot Topic)
Approved Candidate Judge: Showmanship

I have been a Sweet Adeline for 18 years, performing in choruses and quartets at the Regional and International level, having successfully sung all four voice parts. I have extensive background in musical theater, on and off stage, dancing, choreography, and teaching at all levels. I currently coach full-time, teach classes on showmanship and expressive singing, and work with makeup and hair styling for stage use. I am also an Approved Candidate Judge in the International Judging Program in the Category of Showmanship.

I am comfortable and capable of coaching in either the Showmanship or Expression category at any level up through A- for choruses and quartets. My specialty areas include creating and teaching a visual plan, energy and characterization, creating or refining an interpretive plan, enhancing musicality and energy through movement, training choreography and visual teams, and enhancing the director/choreographer working relationship.

My availability is flexible.

FEE: \$30 per hour for quartets; \$50 per for choruses; \$150 evening rehearsal; \$350 all day rehearsal; \$450 weekend retreat; plus travel expense, food and lodging, when necessary.

Carol "Charlie" Brown
10180 Waverly Court #47
Milwaukie, OR 97222
Home: 971-506-4528
Email: batnurse68@msn.com

Pride of Portland Chorus
Certified Director
Gold Country Chorus (Indigo Blue, Take Note)

I have 21 years as a Sweet Adeline with 8 First Place chorus medals and 2 First Place quartet medals. My chorus involvement includes serving as Assistant Director, plus serving on the Regional Educational Faculty. I am the Director of Gold Country Chorus, a chorus of regional quartet gold medalists. I have reached the Certified Director level in the DCP.

My areas of specialty include working with choruses and quartets from beginning to intermediate levels in general coaching, leaning toward sound and expression.

My time varies, depending on my work schedule; usually evenings (except Tuesdays) and some weekends are available.

FEE: Expenses, plus \$30 for a 3-hour session; \$60 for a Saturday; \$100 for weekend (Friday night, all day Saturday and Sunday morning).

I also make learning tapes.

Sandy Cahill
3 Eagle Crest Drive
Lake Oswego, OR 97035
Home: 503-636-0007
Cell: 503-515-8110
Email: me@sandycahill.com

Pride of Portland Chorus
Gold Country Chorus (Out of Bounds, Take Note)
Take Note quartet

I have been a member of Sweet Adelines for 18 years, serving on the music teams for both Blue Lake and Pride of Portland Choruses. I have been baritone section leader, Chorus President, Regional Marketing Team member, and assistant director. Currently, I am the director of the Barlow Trail Chorus where we are proud to have earned 9th place at this year's regional contest, the highest placement in recent years.

In addition to having a degree in Music Education, I play piano and have sung in all types of musical choruses and ensembles my whole life. During my Sweet Adelines experience, I have been the baritone for five different quartets and have earned four 1st Place medals. I have learned and benefited from the excellent regional and international coaching available through the organization and am eager to share what I have learned. I have attended nearly every regional school in the Portland area (and some out of town schools, too) as well as the past two IES's and every International Competition since 1996.

My area of special focus includes music and sound for quartets and small choruses. I have coached several quartets and choruses locally and absolutely love to see and hear the difference when we work as a team to improve the group's sound and create a better musical product.

Karla Calloway
9657 SW Ochoco Drive
Tualatin, OR 97062
Home: 503-692-5079; 503-582-1119
Fax: 503-582-1039
Email: hoodriverdirector@yahoo.com

Hood River Chorus Director
Gold Country Chorus (2nd Glance, Hot Topic)

I am a 21 year Sweet Adeline member, and have enjoyed high school choir, church choirs, soloist, vocal student, and piano lessons. I am enrolled in the Directors Certification Program and have a good understanding of the barbershop chords and voiceings. I have spent the last five years independently studying the voice – including all facets like breathing, musculature, resonance and vocal health. Vocal production is my passion, as well as, teaching others to sing better. I believe that it is important to enhance the skill level that is there for the student by visiting the basics. So I teach to skill levels and try to cover many different learning styles. I have spent time teaching vocal students and have given many PVI's. I find it my strength to ascertain (identify) what the vocal “issues” are and give tangible instruction on how to improve. I am a positive coach and teacher and it is my goal for everyone to feel the success and joy of singing – no matter what skill level they are!

My speciality areas are the sound category – including vocal unity, blend, section unity, vowels, tuning, vocal placement and chorus voice placement. In the area of vocal production my strength is identifying weaker areas and giving tangible exercises for improvement. I can offer assistance to musical leaders and directors for rehearsal planning techniques and developing leadership skills. I can coach all levels.

I am available most evenings and weekends as time allows.

FEE: \$25 per hour.

Kim Chadwick
8882 SW Stono Drive
Tualatin, OR 97062
Phone: 503-691-9570
Email: k-chadwick@comcast.net

Pride of Portland Chorus
Razzcals Quartet (2th Place International
Gold Country Chorus (Indigo Blue, 2nd Glance, Out of Bounds, Act IV, Razzcals)

I have been a member of Sweet Adelines since 1989. My musical experience includes piano lessons for many years. I have experience in four Internationally-ranked quartets over the past 11 years, placing 11th with Act IV in 2002, currently in 4th Place Quartet Razzcals. Over these years I have worked with MANY International coaches, learning many different teaching styles and philosophies of vocal production and expression. This experience has given me many "tools to share" as a coach.

I'm currently working as Bass Section leader with Pride of Portland Chorus, as well as, individual PVI's.

I can work with all levels of quartets and choruses up to B+ level. My specialty would probably be sound (that's my passion, anyway) with expression as my second "passion". I also can help facilitate Goal Setting.

My availability is pretty flexible given notice.

FEE: \$25 per quartet session; \$50 per chorus session (negotiable) with travel expenses needed outside the Portland area

Cathy Conley
26 Cedar Hills Drive
Pocatello, ID 83204-4416
Phone: 208-236-0400
Email: conlcath@isu.edu

Chapter-at-Large
Certified Judge: Showmanship
International Faculty

I have been a Sweet Adelines since 1962. I am a certified judge in the showmanship category; International Faculty member; Past Judge Specialist; Original BOD for Region 24; Director Coordinator; extensive coaching experience with both Sweet Adelines International and SPEBSQSA.

My area of specialty is showmanship, performance planning, expressive and emotional interpretation and delivery; barbershop sound, energy, visual and musical congruence for both Quartets and Choruses.

I've retired from ISO library, so I am free to travel during the week for regular rehearsal nights. Check for availability in advance, please.

FEE: \$50 per hour for choruses; \$25 per hour for quartets.

Paula Gadowski
13477 SW 129th Ave
Tigard, OR 97223
Home: 503-579-0945
Email: bpsoars@netzero.net

Pride of Portland Chorus
Gold Country Chorus (High Frequency)

I have been a Sweet Adeline since 1995. I have 20 years of piano and guitar, as well as solo work. I have several chorus and quartet medals, including First Place Quartet medal as the bass of High Frequency. I have been part of the chorus music team serving as Bass section leader and a member of the vocal production team.

My specialty is vocal production for both chorus and quartets. I enjoy doing Personal Vocal Instruction (PVI) sessions.

My availability varies and is flexible.

FEE: Negotiable to free, depending on the group.

Debbie Haller
3343 Lavina Drive
Forest Grove, OR 97116
Home: 503-357-3661
Email: dancindebh@aol.com

West Hills Chorus
Certified Director

I have been a Sweet Adeline since 1975. I have taken and taught dance classes. I was a member of the Sweet Adeline judging program from 1995 – 2000. I have over seven years experience as a front line chorus director for several choruses. I have earned the Certified Chorus Director designation in the DCP program. As a member of the Region #24 faculty I have conducted numerous Regional training classes and coaching sessions. I have an education background (AA, BA, MAT). I have attended numerous regional weekend training sessions, Director's Seminars and IES for two years.

My area of specialty is choreography and showmanship. With my musical skills I can work both the musical and visual plans. My strength is chorus coaching but have coached quartets too. I will work with any level of chorus or quartet.

Week nights are available, except Thursday. Weekends are also available.

FEE: Creating the choreography for a song is a \$60 fee; coaching fee is \$30 per hour for choruses; \$20 for quartets (but this is negotiable). Additional fees might include travel and hotel (if applicable).

Ryan Heller
P O Box 903
Scappoose, OR 97056
Home: 503-725-7814
Email: popdirector@commnw.com

Pride of Portland Chorus Director
Master Director

I have been directing the Pride of Portland Chorus since January 2003 taking them to a Regional Championship win at our first competition together. I grew up around Barbershop music at the knee of Linda Smith (West Hills director) and my mother, Kris Pedersen.

My formal education includes M. M. in Conducting from Portland State University; B. M. in Conducting and Vocal Studies from Chapman University; and extensive study of the voice and pedagogy. I am currently the director of Pride of Portland Chorus, as well as the Columbia Chorale and the Southwest Washington Symphony Orchestra. In addition, I have served as faculty at the annual Region 24 leadership seminar for 2 years, working primarily in the areas of vocal production, PVI training, and director skills.

My expertise in coaching choruses and quartets are in the area of sound, music and expression and the interrelationships of these areas. I prefer to work with B level and above.

My time availability is flexible.

FEE: \$100 per 2 –3 hour session, variable with travel.

Candy Johnson
5643 Prospect Drive
Missoula, MT 59808
Phone: 406-543-8280
Email: cjohnson@hellgate.k12.mt.us

International Faculty
Director – Five Valley Chorus
Gold Country Chorus member (Fulltime Enjoyment, Mountain Music Company)

[Being updated August 2005]

Nancy Kurth
16361 SW Cromwell Court
Tigard, OR 97223
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Email: nkurth@msn.com

Pride of Portland Chorus Associate Director
Northwest Harmony Chorus Director
Gold Country Chorus (Tapestry, Final Touch)
Fourth Avenue quartet - baritone

I have been a Sweet Adeline since 1969. My career has transferred me around the Midwest and Northwest so I've belonged to 7 choruses in 4 regions. I have three first place quartet medals (two as lead, one as baritone); a first place International Chorus medal (with High Country Chorus 1987) and many other wonderful medals and memories of fun quartet and chorus competitions. I have been involved at the Chorus and Regional levels in both music and administration, holding almost every position at both levels at one time or the other. I have directed two small choruses, one medium chorus, and one large chorus for a total of 12 years as a front line director. I was contracted to direct Northwest Harmony in January 2005.

My area of specialty is sound, expression and packaging the musical product. I have coached choruses and quartets in all four regions, as well as, experienced coaching from many Internationally recognized coaches as a director, a lead, a baritone, and a chorus member. This gives me a good prospective of our art form from several different levels.

I also work with choruses and quartets on strategic planning, goal setting and long range planning.

My availability is flexible with notice in advance (my calendar does fill up pretty fast). I work only part – time and can usually set my own hours.

FEE: \$25 per quartet session; \$100 per chorus session; retreats and all day sessions are negotiable.

Mary Liston
13767 N. Whitecloud Dr.
Pocatello, ID 83202
Home: 208-237-5547
Email: mliston@cableone.net

Director of Pocatello Showcase Chorus
Certified Director

I am a 35 year member of Sweet Adelines International. I have directed three choruses in Region 8 and Region 24 and have sung in quartets, also in Regions 8 and 24. I served on Regional Music Faculty in both regions and have experienced coaching from many International coaches. I have also served as Music Faculty in several Gold Rush schools in Idaho, Montana, and Oregon. I have coached several choruses and quartets and have given numerous PVI's. I organized the arranger's home study program in Region 24 as well as managed the arranger's contest for five years. I am a Certified Director in the DCP Program; I attend IES every year, as well as, Regional Competition, International Competition, IES and many other symposiums outside of Sweet Adelines International.

I have studied voice at the University of Wyoming and the Idaho State University, for many years and I am still studying. My expertise is in vocal production, vowel matching, sound, and expression. I love coaching both quartets and choruses and I also feel very comfortable in giving visual assistance. My comfort level is with choruses or quartets who have a B-, C+ or below. In my work life I retired early, but I worked for Orthopardic Surgeons, sold Real Estate, and was a lay counselor with the Wyoming Mental Health Center.

This organization and love of this music is my passion in life.

FEE: Negotiable, and my availability is flexible. I would need Room and Board and any expenses covered.

Lisa Myers
23427 SW William
Sherwood, OR 97140
Home: 503-916-9901
Email: lsln73@msn.com

Pride of Portland Chorus
Gold Country Chorus (Surround Sound, Out of Bounds, High Frequency, Take Note)
Take Note Quartet

I have been a Sweet Adeline for 18 years. During that time I have earned 7 First Place Chorus medals (Blue Lake and Pride of Portland), and have been in five quartets, four of which have been Regional Champions. I have worked with and been coached by many International coaches, directors and judges, learning valuable skills from each one of them. I have also been Assistant Choreographer and an Assistant Lead Section Leader.

I can work with choruses and quartets in sound, expression and showmanship.

I am available most evenings and weekends.

FEE: \$50 for a 2-hour session for quartets; \$100 for choruses, with travel expenses outside the Portland area.

Marlys Nelson
9657 SW Ochoco Drive
Tualatin, OR 97062
Home: 503-692-5079
Email: hoodriverdirector@yahoo.com

Hood River Valley Chorus
Gold Country Chorus (2nd Glance, Hot Topic)

Of my 13 years as a Sweet Adeline member, 5 of those years I have served as Baritone Section Leader. My formal training includes both piano and voice lessons. I have coached small choruses and am now beginning to coach medium level quartets in expression and sound including vocal placement and expressive singing. I can provide tools for section leaders (especially baritones) including section blend and unity. I can identify the best voice placement for new members based on vocal quality and timbre. I can also help with characterization and emotional impact of the music.

I prefer to work with choruses and quartets from beginning to medium level. I consider emotional communication of the song (lyrics), baritone section leaders, positive and cheerleader type coaching (but demanding) to be my areas of specialty.

I am available most evenings and weekends as available per my scheduling.

FEE: \$50 per session (2 to 2 ½ hours).

Liz Orem-Bedel
3348 SW Carson St
Portland, OR 97219
Home: 503-246-0235
Email: lizzkaty@comcast.net

Pride of Portland Chorus

I am a 20 year Sweet Adeline singing in various Sweet Adeline choruses. I have been choreographer, choreography assistant, on the choreography and visual teams, having served as choreography team leader. I love to dance and I have dance background.

My area of specialty is visual – showmanship – expression – stage presence.
I would love to work with both choruses and quar

I'm available almost any time.

FEE: \$15 an hour (or by the session), plus expenses.

Kris Pederson
171 Promontory Avenue
Oregon City, OR 97045
Home: 503-657-8811
Email: kpederson@att.net

Pride of Portland Chorus
Regional Faculty Development Coordinator
International Faculty Associate
Fourth Avenue Quartet

I have been an active Sweet Adeline member for 17 years, studying voice and musical theater since I was 14 years old. I have a passion for performing, including theatrical productions such as Brigadoon, Auntie Mame and Oklahoma. I have sung with a 6-member gospel group, an 8-member madrigal group, the Portland Symphonic Choir, and performed as a soloist. I have served Region 24 as Director of Musical Activities, Education Coordinator, and Membership Development Representative - on the regional board and regional management team. I am a Certified Director through the DCP program and am currently an Assistant Director. I have attended many International and Regional educational events to continually strengthen and apply my skills. I have top 5 quartet and chorus medals and am continually striving for that A+ performance! I am currently the Regional Faculty Development Coordinator, working to strengthen the skills of our faculty. I am President of my own training and coaching company, MKP Inc. (Motivation, Knowledge and Potential), and conduct group and individual sessions. I have a B.S. in Business Administration and believe that learning is what helps keep us young!

I enjoy working with individuals, quartets and choruses – it's so exciting to be part of another's musical journey! I have observed many International Faculty coaching sessions and have been coached individually, in a quartet, and in a chorus by International Faculty members. My areas of specialty include:

- Energy – how to extend it and apply it across ALL judging categories!
- Performance Packaging
- Emceeing
- Acting for Singers
- The Power of Presence
- Team PRIDE
- Dream Achievement
- Board and/or Management Team responsibilities

My availability is pretty flexible...given enough notice!

FEE: \$25 per individual session, \$25 per quartet session and \$50 per chorus session. All day sessions and weekend retreats are negotiable. Travel expenses would apply outside the Portland metro area.

Shirley Price
6833 SE Stark
Portland, OR 97215
Home: 503-253-9374
Email: onsprice@aol.com

Pride of Portland Chorus
Gold Country Chorus (2nd Glance, Final Touch)
Fourth Avenue quartet
Regional Directors Coordinator

I'm a 15 year Sweet Adeline and I've been singing in quartets since 1991. My quartets were Region #24 Champions in 1994, 1995, 1996, 2003. I've been in one of the top five quartets since 1997. I have served as my chorus Lead section leader since 1996; quartet coordinator for Region #24 from 1999 to 2003. I've taught both quartet classes and section leader classes.

I consider myself an all-round coach, specializing in quartets (beginning / novice to C+/B- level) and coaching small choruses.

I'm available most weekends; some evenings after 7 pm, except on Tuesday.

FEE: Negotiable between \$10 - \$20 per hour.

Kathy Scheel
11684 Lark Court
Aurora, OR 97002
Home: 503-678-1450
Work: 503-624-3235
Email: kathy.scheel@jacobs.com

Pride of Portland Chorus
Gold Country Chorus member (Columbia Connection-2)
Certified Director
Regional Education Coordinator

As a member of Sweet Adelines since 1971, I've held nearly every position of chorus leadership, and have served on the regional Board of Directors and currently on the Regional Management Team as Education Coordinator. I sang lead in Columbia Connection (two-time Region Champs). As a Certified Director, I've brought 2 choruses to Regional Championships, and many medals:

- Cowlitz Valley Chorus, 3-time Small Chorus Winners, Region 13;
- Columbia River Chorus 2nd Place;
- City of Roses Chorus 1987 Regional Champs;
- Northwest Harmony, 3-time Division A Champs and 2002 Regional Champs!

I played violin in major symphonic orchestras for many years, then fiddle and guitar in a bluegrass band for 5 years, followed by studio musician for a local recording studio. I still play piano, do a little arranging, and have taken many years of private voice lessons, as well as coaching from top barbershop coaches. Sharing what I have learned with others is at the top of my list of enjoyable activities!

I love working with choruses and quartets at the mid-levels, with special emphasis on expressing the lyrical and rhythmic intent of the material. My work (fun) includes vocal production, energy, characterization, and showmanship/choreography with a natural, meaningful, and powerful delivery. In addition, I address the technical elements of vowel matching, synchronization, dynamics and color contrast, etc., all contributing to make your songs come alive, creating magical moments for you and your audience!

Working with Directors on directing skills, rehearsal planning, vocal production, maintaining a high standard for their chorus is also highly enjoyable to me. In addition, I can assist in interpretation to maximize the potential of the song, as well as match the abilities of the chorus.

I also can provide 4-part learning tapes with 3-4 weeks' notice.

FEE: Choruses \$50 per hour and quartets \$25 per hour. Weekend or chorus retreats are \$50 for Friday evening, and \$100 for all-day Saturday. \$50 to create/teach choreography; \$30/song for learning tapes. The above rates do not include expenses for lodging, travel, meals.

Darwin Scheel
1513 Eastbrook Court
Beaverton, OR 97006
Home: 503-629-5780
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Director, Columbia River Chorus

[Being updated August 2005]

Patty Severns
124 Shenandoah Drive
Silver Lake, WA 98645
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Cell: 360-430-0643
Email: pseverns@teleport.com

Pride of Portland Chorus

I am a 28-year member of Sweet Adelines International. I am a Speech, Language and Voice Pathologist in 'real life'. I have also directed a small chorus and won the Novice Director's Award. For 17 years I was on the Regional Board/Management Team coordinating the following programs: Membership & Marketing, Chapter Administration, Presidents/Team Leaders, Regent, Young Women in Harmony, etc. . I sing tenor and have been a have been a member of several award winning choruses and quartets.

My coaching/class specialties include:

- Personal Vocal Instruction (PVI)
- Voice Therapy for the Injured Voice
- Coaching Small Choruses
- Coaching Quartets
- Expression (especially in-depth articulation/vowel instruction)
- Vocal Production
- Goal Setting/Strategic Planning
- Conflict Management
- Membership & Marketing Planning

I am available weekends and most weeknights (except Tuesdays).

FEE: Negotiable.... Often just mileage.

Linda Smith
635 SW Parkwest Lane
Portland, OR 97225
Phone: 503-297-1487
Email: LMSmith001@usa.net

Gold Country Chorus member (Carousel)
Certified Director
Director – West Hills Chorus

[Being updated August 2005]

Yvonne Whedon
2865 SE River Rd #14
Hillsboro, OR 97123
Home: 503-648-5934
no email

Pride of Portland Chorus
Gold Country Chorus member (Valley Pipers, Carousel, Renaissance)
Master Director

I have the distinction of being the only Master Director (DCP Program) in Region #24, which I earned with the Blue Lake Chorus. I have 20 years of private vocal instruction, in addition to Sweet Adeline classes, seminars, IES classes. I participated for two years in University of Oregon music courses. I have served 20+ years on the Regional Faculty. I have successfully sung all four parts in competition quartets and have several first place medals.

My specialty is making the most of what you have at the time, with both chorus and quartet. All levels are WONDERFUL! There is always something to applaud and build upon. I love coaching – and leaving a WIN for a chorus or quartet after each session.

Weekends and evenings are best for me. I can do weekdays with enough notice for work arrangements.

FEE: Reasonable and negotiable, plus expenses, if any.